



June 24-26, 2016
The Old Mill Toronto
Toronto, Ontario



M Toronto



Congress Chair's Message

Mr. Chris Court, PQS(F)

I am pleased to invite you to the 3rd annual **CIQS Congress** hosted by CIQS-Ontario in the City of Toronto, Ontario. "Best Practices for Project Delivery – Striving for Excellence" is the theme for this Congress and a fabulous line-up of senior industry professionals will share their expertise in the Technical Sessions.

This year's Congress will also mark a milestone celebration for the forthcoming retirement of Lois Metcalfe who has been the face and back-bone of our Institute over 38 wonderful and prosperous years! It is going to be extremely difficult (dare I say, *impossible*) to replace Lois, but we wish her the best in her retirement.

The organizing committee has also lined up a great partners program for the Saturday for attendees of the Congress. Events such as *Clive Evans Living Golf Tournament*, Afternoon English Tea, Tennis, Kayak or Canoe Tour, Bicycle tour, to name just a few.

In order to maximize the efficiency for registering for this event, we have created an online tool through *Eventbrite*, which will allow you to register for each individual event during the 3-day Congress. Please copy and paste this link into your browser and follow the simple instructions: http://2016-cigs-congress-registration.eventbrite.ca.

On behalf of the organizing committee, I would like to welcome our delegates to Toronto and also acknowledge our sponsors for helping us to host a first-class event.

I look forward to seeing you on June 24th!!!









The Honourable John Tory

Message from the Mayor

It is my esteemed pleasure to extend greetings and a warm welcome to everyone attending the 2016 Canadian Institute of Quantity Surveyors Congress.

The Canadian Institute of Quantity Surveyors is a professional association dedicated to setting the highest standards for construction and infrastructure economics in Canada.

This congress will provide an opportunity for attendees to gather in a setting designed for professional development, while presenting an exceptional networking and learning forum.

I wish to welcome everyone to our city and encourage you to enjoy Toronto at this time of year as well as learn about our vibrant neighbourhoods.

On behalf of Toronto City Council, please accept my best wishes for an informative and enjoyable congress.

Yours truly,

Mayor John Tory City of Toronto













Level of Sponsorship	Platinum \$5,000	Gold \$3,500	Silver \$2,000	Bronze \$1,000	Friends < \$1,000
Corporate Logo in Congress Delegate Information					
Direct Website Links from Congress Website to Corporate Sponsor Website					
Complimentary Passes to Technical Sessions and Networking Lunch	4	2	1	1	
Exhibit Space in Priority Location					
Corporate Logo in Construction Economist	2	1	1		
Full Colour Insertions in Ontario <i>eNewsletter</i> with Website Links	5	2			
Complimentary Tickets to President's Dinner and Reception / Lois Metcalfe's Retirement Celebration	4	2			
Complimentary Tickets to <i>Clive Evans Living Golf Tournament</i>	2				

Your esteemed support in making this celebration a *timeless event* is most welcomed and appreciated. We are honoured to be associated with such generous members and friends!

^{**}For sponsorship information, please contact Mrs. Lois Metcalfe at lois.metcalfe@ciqs-ontario.org.









The Old Mill Toronto







The Old Mill Toronto

21 Old Mill Road. Toronto, ON, Canada M8X 1G5 www.oldmilltoronto.com/ Te: (416) 236-2641 Toll-Free: 1-(866) 653-6455

The Old Mill Toronto is a heritage boutique hotel with 57 deluxe rooms and suites complete with a luxurious on-site spa. The Old Mill 300-seat fine dining Restaurant has been in operation for 100 years. The banquet facilities, with 16 function rooms and a private chapel, provide one of the largest and most flexible venues in Toronto, attracting a great number of weddings, social events and corporate functions all year round.

Luxury King Room \$229.00 **Traditional Double Room** \$229.00 Premium Queen Room \$229.00

The above room rates are quoted in Canadian funds and are subject to 13% HST. A Hospitality Fee of \$8.00 per room, per night, will be added to the guest room rate and includes daily parking, in-room WiFi, local and tollfree calling, in-room Keurig coffee/ tea brewer, 2 bottles of water, evening down-turn service, limited business services. 24-hour access to fitness centre and select concierge services.

The cut-off date for room reservations is June 6, 2016.

History of The Old Mill Toronto

The Old Mill and the Valley in which it sits, have long been a part of Canadian Heritage. In 1615, Samuel Champlain sent a young guide to scout the route southward from the Lake Simcoe region. This young scout, Etienne Brule, became the first recorded explorer to see the Humber Valley and view Lake Ontario.



In 1793, John Graves Simcoe, the first Governor of Upper Canada, ordered the Queens Rangers to build a saw mill, which he named the Kings Mill. Years later, William Gamble, Etobicoke's first Reeve, bought the Mill and shortly thereafter built a new larger Mill in the same location.

By the early 1900's, one man's vision began the transformation of the Humber Valley forever. Robert Home Smith, financier, railway builder, real estate developer and avid sportsman purchased 3,000 acres in the Humber Valley, from Lake Ontario to what was to become Eglinton Avenue.

The early, prosperous years of the 1900's were shattered with the outbreak of World War I on August 4, 1914, the very day the Old Mill tea garden opened. The Tea Garden acted as the community centre for the residents of this new residential development, a place where news and events of the day were exchanged. Home Smith's motto "A LITTLE BIT OF ENGLAND FAR FROM ENGLAND" epitomized his objective to create a Toronto suburb of grace and tranquility through English Tudor architecture.

As the popularity of the Old Mill grew, Home Smith began the first of many additions to the building, including the dance hall, which was one of the few places of the time that offered the enjoyment of dinner and dancing in an elegant atmosphere. Thus began the live music tradition at the Old Mill.

The attention to old world charm, exquisite gourmet dining and dancing to the Big Band orchestras of the day made the Old Mill a popular rendezvous for the armed forces during the subsequent years of World War II.

The headline of the Globe and Mail on Saturday October 16, 1954 reports, "Great storm hits after 4 inches of Rain." Toronto residents were jolted by the fury of Hurricane Hazel. Cars were overturned, homes and businesses destroyed and carried away by the torrential rains. Many properties along the Humber Valley sustained extensive damage or were lost altogether, although the Old Mill Bridge, the original Mill ruins and the Old Mill itself were spared from Hurricane Hazel.

Throughout the 1970's to the 1990's, the Old Mill continued its period of substantial renovations in response to its great popularity. An entire new wing of Banquet rooms was added. The Old Mill had grown to a 16-room function facility nestled on the banks of the Humber River.



In 1991, after significant restoration and reconstruction of the original grist mill, the Old Mill Hotel opened in October 2001, featuring 57 luxurious appointed rooms and suites, a full service spa and an English style bar dedicated to Robert Home Smith. So begins the new chapter in shaping the history of The Old Mill Toronto!





Event Program



Friday, June 24, 2016

8:00am to 9:15am	Event Registration and Full Breakfast	Guild Hall	3rd Floor
9:15am to 11:00am	Technical Sessions – Breakout #1: "Business Case and Financing"	Balmoral	3rd Floor
9:15am to 11:00am	Technical Sessions – Breakout #2: "Project Budget and Cost Control"	Westminster	3rd Floor
11:00am to 1:00pm	Networking Lunch with Guest Speaker	Guild Hall	3rd Floor
1:15pm to 3:00pm	Technical Sessions – Breakout #3: "Project Execution Plan and Project Case Study"	Balmoral	3rd Floor
1:15pm to 3:00pm	Technical Sessions - Breakout #4: "Completeness of Contract Documents and Issue Management"	Westminster	3rd Floor
3:30pm to 4:30pm	CIQS Information Session (Designation Holders only)	Westminster	3rd Floor
5:00pm to 8:00pm	Cocktail Reception	Guild Hall	3rd Floor

Saturday, June 25, 2016

8:00am to 1:00pm	Clive Evans Living Golf Tournament	Royal Woodbine Golf Course	;
2:00pm to 4:00pm	Afternoon English Tea	Terrace Room	1st Floor
All Day	Free Day OR Group Activities		
	Tennis	York Old Mill Tennis Club	
	Kayak or Canoe Tour of the Humber River	King's Mill Park	
	Bicycle Tour or Hiking on the Humber River	Humber River	
	Scavenger Hunt on Bloor Street	Bloor Street	
	"Pub-Hopping" on Bloor Street	Bloor Street	
	"Russell's Runners" in the Humber Valley	Humber River	
6:00pm to 11:00pm	President's Dinner / Lois Metcalfe's Retirement Celebration	Brule A and B	1st Floor

Sunday, June 26, 2016

8:00am to 10:00am	Farewell Breakfast	Humber Room	2nd Floor
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Registration Costs

DATE / EVENT	"EARLY-BIRD" FEE (PRIOR TO MARCH 15, 2016)	FEE (AFTER MARCH 15, 2016)	CIQS STUDENT MEMBER FEE**	
Friday, June 24, 2016				
Registration and Breakfast TECHNICAL SESSIONS – MORNING Breakout #1: Business Case and Financing or Breakout #2: Project Budget and Cost Control Networking Lunch with Keynote Speaker TECHNICAL SESSIONS – AFTERNOON Breakout #3: Project Execution Plan and Project Case Study or Breakout #4: Completeness of Contract Documents and Issue Management	\$175 per person (\$600 for groups of 4) (\$300 for groups of 2)	\$200 per person (\$700 for groups of 4) (\$350 for groups of 2)	No charge (see list of rules to qualify)	
Networking Lunch Only with Keynote Speaker (no Technical Sessions Listed Above)	\$60 per person	\$75 per person	\$60 per person	
CIQS Information Session (Designation Holders Only)	No charge	No charge	No charge	
Cocktail Reception	No charge	No charge	No charge	
Saturday, June 25, 2016				
Clive Evans Living Golf Tournament at Royal Woodbine Golf Course	\$130 per person	\$150 per person	\$130 per person	
President's Dinner and Reception/ Lois Metcalfe's Retirement Celebration	\$100 per person (Table of 8: \$700)	\$125 per person (Table of 8: \$900)	\$100 per person (Table of 8: \$700)	
Sunday, June 26, 2016				
Farewell Breakfast	No charge	No charge	No charge	

PARTNER'S PROGRAMS/LEISURELY ACTIVITIES	"EARLY-BIRD" FEE (PRIOR TO MARCH 15, 2016)	FEE (AFTER MARCH 15, 2016)	CIQS STUDENT MEMBER FEE**
Saturday, June 25, 2016			
Afternoon English Tea	\$35 per person	\$35 per person	\$35 per person
Tennis at York Old Mill Tennis Club	\$100 per court for 2 hours	\$100 per court for 2 hours	\$100 per court for 2 hours
Guided Kayak Tour of the Humber River Single Kayak Tandem Kayak	\$50 per person \$120 for 2 people	\$50 per person \$120 for 2 people	\$50 per person \$120 for 2 people
Guided Canoe Tour of the Humber River Regular Canoe (2 adults + 1 child) Large Canoe (2 adults + 1 child OR 3 adults)	\$100 per canoe \$120 per canoe	\$100 per canoe \$120 per canoe	\$100 per canoe \$120 per canoe
Bicycle Tour on the Humber River	No charge	No charge	No charge
Scavenger Hunt on Bloor Street	No charge	No charge	No charge
"Pub-Hopping" on Bloor Street	No charge	No charge	No charge
"Russell's Runners" in the Humber Valley	No charge	No charge	No charge

**Note

- "CIQS Student Member" refers to a Designation Holder registered in a full-time approved program of studies
- Student Member must be in good standing with the CIQS
- No travel or accommodations included
- Number of Student Member registration packages is limited and at the full discretion of CIQS and the Congress Organizing Committee

For more information or to make an application to obtain this benefit, please contact Mrs. Lois Metcalfe at lois.metcalfe@ciqs-ontario.org.





Message from the Chair of the Technical Sessions

Mr. Arif Ghaffur, PQS

This year's Technical Sessions will be moderated and presented by senior industry professionals who will share their subject matter expertise. Our Congress theme, "BEST PRACTICES for PROJECT DELIVERY – STRIVING for EXCELLENCE" will be in the context of engineering and construction projects that are facing increasing challenges to be delivered within tighter timelines and increasing economic constraints. In the presence of senior industry professionals, attendees will explore current industry practices, developments and ongoing constraints.

We are very pleased that participants in the Technical Sessions will have the opportunity to interact in an environment aimed at exploring current and prevailing best practices, knowledge transfer and networking between professionals from within and beyond Canada. Each Technical Session will consist of two speakers and an invited guest who will join a moderated panel discussion. We are delighted to have secured four *CIQS Past Presidents* as our moderators along with an impressive list of speakers. The Technical Sessions will be introduced by two former *CIQS Presidents*:



Mr. Joe Pendlebury, PQS(F), was elected as the 27th ClQS *President* in 1995. Having started his career as a student member, he has over 30 years of experience in estimating and cost planning on engineering and construction projects in Canada. Joe is currently a *Senior Vice-President*, *Director* at RLB/CRSP Cost Consultants.



Mr. Ian Duncan, PQS(F), was elected as the 41st CIQS *President* in 2009. He has over 35 years experience in the commercial and project management sector of the construction industry in Canada, the United Kingdom and the Caribbean. Ian is currently a *Principal* at Atrium Consultants.

In our continued efforts to engage and encourage student member participation, we are offering **FREE** registration to a full day's worth of Technical Sessions to qualified Student Member's of CIQS! For more information on confirming if you qualify for this, or to register, please contact Mrs. Lois Metcalfe at lois.metcalfe@ciqs-ontario.org.

We hope that you have wonderful Congress as we explore diverse topics and engage in insightful debate with an array of distinguished professionals!

Prize Draw

Participants in the Technical Sessions will be encouraged to drop off their business cards during registration. The business cards will be used for a draw that will take place at the Cocktail Reception later that evening in the Guild Hall. The winner of the draw will be presented with a **Microsoft Surface Pro 3**.





















Technical Session – Breakout #1: Business Case and Financing

Friday, June 24, 2016 from 9:15am to 11:00am The Balmoral Room, 3rd Floor

Session Introduction By: Mr. Joe Pendlebury, PQS(F), CIQS Past President

9:15am to 9:20am Moderator: Mr. Guy Smith, PQS(F), CIQS Past President

9:20am to 9:40am Presenter #1: Mr. Paul Hughes, Senior Director, Cost Consulting & Project Management, Altus Group:

The Process and Components for Establishing a Business Case to allow a Project to be deemed viable

9:40am to 10:00am Presenter #2: Mr. Sashen Guneratna, Managing Director, Infrastructure & Project Finance, PwC Canada:

Considerations, Mechanisms and Sources for Obtaining Timely and Appropriate Project Financing

10:00am to 10:15am Coffee/Networking Break

10:15am to 11:00am Panel Discussion, Q&A Session and Session Close-Out:

Guest panellist, Mr. Domenic Leadsom, PQS, Director, Turner & Townsend CM2R

Technical Session – Breakout #2: Project Budget and Cost Control

Friday, June 24, 2016 from 9:15am to 11:00am The Westminster Room, 3rd Floor

Session Introduction By: Mr. Ian Duncan, PQS(F), CIQS Past President

9:15am to 9:20am Moderator: Mr. George Evans, PQS(F), CIQS Past President

9:20am to 9:40am Presenter #1: Mrs. Susan Neil, PQS, Executive Vice President, Hanscomb Limited:

The Process of Establishing and Updating the Project Budget

9:40am to 10:00am Presenter #2: Mr. Darren Cash, PQS, Director, BTY Group:

The Cost Control Process During the Construction Stage of a Project

10:00am to 10:15am Coffee/Networking Break

10:15am to 11:00am Panel Discussion, Q&A Session and Session Close-Out:

Guest panellist, Mr. Mel Yungblut, PQS(F), Senior Partner, A.W. Hooker



Afternoon Sessions



Technical Session - Breakout #3: Project Execution Plan and Project Case Study

Friday, June 24, 2016 from 1:15pm to 3:00pm The Balmoral Room, 3rd Floor

Session Introduction By: Mr. Joe Pendlebury, PQS(F), CIQS Past President

1:15pm to 1:20pm Moderator: Ms. Linn Marron-Marshall, PQS(F), CIQS Past President

1:20pm to 1:40pm Presenter #1: Mr. David Stewart, Director, Project Management, The Cadillac Fairview Corporation Limited:

Key Components of Developing a Project Execution Plan and How This Interacts with Other Plans

1:40am to 2:00pm Presenter #2: Mr. Damian Joy, President, MHPM Development Solutions:

Project Case Study of a Successful Landmark Project

2:00pm to 2:15pm Coffee / Networking Break

2:15pm to 3:00pm Panel Discussion, Q&A Session and Session Close-Out:

Guest panellist, Mr. Clarel-David Flavien, Director, Macogep

Technical Session - Breakout #4: Completeness of Contract Documents and Issue Management

Friday, June 24, 2016 from 1:15pm to 3:00pm The Westminster Room, 3rd Floor

Session Introduction By: Mr. Ian Duncan, PQS(F), CIQS Past President

1:15pm to 1:20pm Moderator: Mr. Harland Lindsay, PQS(F), C/QS Past President

1:20pm to 1:40pm Presenter #1: Mr. Richard Wong, Partner, Osler, Hoskin & Harcourt LLP:

How to Ensure Completeness of Contract Documents

1:40am to 2:00pm Presenter #2: Mr. Glenn Ackerley, Partner, WeirFolds LLP:

Various Issues that Occur During the Life of a Project and the Approaches to <u>Issue Management</u>

2:00pm to 2:15pm Coffee / Networking Break

2:15pm to 3:00pm Panel Discussion, Q&A Session and Session Close-Out:

Guest panellist, Mr. Sergio Callocchia, PQS, Vice-President, LCO Construction and Management Consultants Ltd.



Technical Session Speakers





About the Moderators



Mr. Guy Smith, PQS(F), was elected as the 28th CIQS *President* in 1996. He has over 40 years of experience in the property development industry. Prior to immigrating to Canada in 1977, Guy was working with one of the largest construction corporations in all of continental

Europe. He joined the Government of Alberta in 1985 and is currently the *Executive Director, Business Operations Support* at *Alberta Infrastructure*.

Mr. George Evans, PQS(F), was elected as the 37th CIQS *President* in 2005. He is currently a *Partner* at *LEC Quantity Surveying*, providing full cost planning and cost management advice to the public and private sector construction and development industries.





Ms. Linn Marron-Marshall, PQS(F), was elected as the 22nd CIQS *President* in 1990 and is the first and only female President elected to-date. Her previous training includes a Nursing degree and 4 years of nursing experience prior to beginning her career in cost consulting. She is

currently the President at Marshall & Murray Inc.

Mr. Harland Lindsay, PQS(F), was elected as the 13th CIQS President in 1977 and has previous work experiences with EllisDon and Olympia and York Developments. In 1978, he joined *Parkin Architects Ltd*, where he continues as a *Director*.







About the Presenters



Mr. Paul Hughes is a successful business leader in Public-Private Partnerships (infrastructure development) and outsourcing professional with extensive experience in the construction, property and business outsourcing sectors. He is currently the Senior Director, Cost Consulting

& Project Management with Altus Group, a position he has held since 2014.

Mr. Sashen Guneratna is the Managing Director, Infrastructure & Project Finance, PwC Canada. He is responsible for the private sector P3 and Project Finance advisory business at PwC in Canada including identification and initiation of PPP and Project Finance financing transactions.





Mrs. Susan Neil, PQS, is currently a Executive Vice President at Hanscomb Limited. Her work experience is comprised of an impressive list of projects, including not only traditional design-stage cost planning and control services, but also an extensive list of projects where

her involvement has included the preparation, analysis and certification of costs for public infrastructure and Alternative Finance and Procurement (AFP) developments.

Mr. Darren Cash, PQS, is a *Director* with *BTY Group* and has extensive experience in delivering pre/post contract Cost Management and Project Monitoring services for new construction and fit-out commercial, residential and education projects around the globe. He is



also a Team Leader within BTY's Lenders' Technical Advisory service line delivering both pre-bid and construction monitoring services for P3 projects across North America.









Mr. David Stewart is a Director, Project Management, with Cadillac Fairview and has over 25 years of development and project management experience. He has been involved in large scale capital redevelopment projects in the healthcare, IT, municipal and private

sector. Prior to joining Cadillac Fairview, David played a key role at PRISM Partners and EllisDon. He has extensive experience working with and understanding Owners' requirements.

Mr. Damian Joy is a business leader with 30 years of experience in the infrastructure sector: 14 years developing, managing and advising on P3 projects to finance and deliver buildings and public infrastructure and 16 years managing regional businesses and projects for international



construction contractors. His experience includes eight years in North America, ten years in Europe, five years in Asia and seven years in the Middle East & Africa. Damian is currently the *President* of *MHPM Development Solutions*.



Named in the Globe and Mail's *Report on Business Magazine* (October, 2014) as a leading lawyer, **Mr. Richard Wong** is the *Chair* of *Osler, Hoskin & Harcourt LLP's* construction and infrastructure practice group and specializes in the development of major infrastructure works

and energy and other ICI construction projects. Richard is on the executive of the Ontario Bar Association construction and infrastructure law section and evaluates P. Eng candidates for the P.E.O.

Mr. Glenn Ackerley is a Partner with WeirFolds LLP. He practises construction law, representing clients from across the construction industry, in all aspects of projects and construction-related disputes. Glenn is active in the construction industry, participating on boards, committees and working groups and also sits on the Board of Directors of the Canadian Construction Association and is a Past Chairman of the Board

of the Toronto Construction Association.

About the Guest Panellists



Mr. Dominic Leadsom, PQS, is a *Director* of *Turner & Townsend CM2R*. He is also a Chartered Quantity Surveyor with 22 years' experience in the construction industry, covering the UK, Europe, Southern Africa, Canada and the USA. For the last 16

years, Dominic has specialized in the P3 sector, providing procurement, business case and value for money advice to government bodies and technical due diligence advice to Lenders and Investors.

Mr. Mel Yungblut, PQS(F), is a former CIQS-Ontario *President* and is currently a *Senior Partner* at *A.W. Hooker Associates Ltd*. He took ownership in the company in 1994 and has been leading multidisciplinary teams in providing cost consulting services on all types of construction projects.





Mr. Clarel-David Flavien is an engineer by training that specializes in project management. He developed his expertise both in North America and Europe, giving him in-depth knowledge of the preferred working methods on either side of the Atlantic, especially in project scheduling,

planning, monitoring and coordination services. Mr. Flavien is currently a *Director* at *Macogep*.

Mr. Sergio Callocchia, PQS, is Vice-President of LCO Construction and Management Consultants Inc., a position he has held since 2003. With over 25 years of experience as a project manager, senior analyst and estimator in building engineering, Mr. Callocchia's



responsibilities range from project coordination, project planning and implementation to financial monitoring, cost control and estimating commercial and institutional buildings, including all mechanical building systems.







Events

CIQS Information Session

Friday, June 24, 2016 3:30pm to 4:30pm (Designation Holders only) The Westminster Room, 3rd Floor



The CIQS Information Session is open to CIQS Designation Holders only. The CIQS Board of Directors will provide an overview of CIQS activities, as well as a financial report, for the past year. This is an opportunity for Designation Holders to openly exchange ideas and ask questions of the national Board. In addition to the business affairs of this Information Session, the Gordon Pattison Award of Merit will be presented to a Designation Holder for extraordinary, devoted service to the CIQS. As well, Mr. Graham Randall, PQS(F), from Ontario, will be in attendance to personally present the inaugural Graham Randall Award.

Clive Evans Living Golf Tournament

Saturday, June 25, 2016 8:00am to 1:00pm

Royal Woodbine Golf Course, 195 Galaxy Boulevard

For our golf enthusiasts, the Committee has arranged for a full round of Golf at the infamous *Royal Woodbine Golf Course*, which is located less than 8km from Old Mill Toronto and just a few minutes from Pearson International Airport.

Challenging, demanding, lush and nestled discreetly in the Mimico Creek Valley, *Royal Woodbine Golf Course* offers high and low handicappers a richly rewarding game on par with the area's finest public and private clubs.

Royal Woodbine was very cunningly designed by Dr. Michael J. Hurdzan and plays 6,446 yards from the tips, winding its way up and down both sides of the Mimico Creek. Remarkably, water comes into play on all of its 18 championship holes! At Royal Woodbine, you will need every club in your bag to successfully navigate this superbly conditioned Toronto golf course.

Prepare yourself for an unparalleled golfing experience. This course is a pleasure for golfers of any skill level to play. The Royal Woodbine Golf Course will challenge you while providing a relaxing, picturesque backdrop. Test your accuracy with the fairways, water hazards and sand traps — everything is here to challenge and improve your game.

Your round of golf includes green fees, powered golf cart and a fabulous lunch on the main patio.

To quote from Golf Digest Magazine, the Royal Woodbine is, "...A good test and always in great shape...good layout, water and tough greens... excellent, a real treat to play."

Afternoon English Tea

Saturday, June 25, 2016 from 2:00pm to 4:00pm Terrace Room, 1st Floor

Enjoy an afternoon English Tea in recognition of a century-old tradition. Since 1914, pedestrians, cyclists, canoeists, kayakers and motorists alike have been enjoying the customary English Tea at the Old Mill Toronto.

The Tea Menu includes:

- 1. A presentation of freshly prepared finger sandwiches
- 2. Delicate house-made afternoon tea pastries
- 3. Currant and lemon scones
- 4. Various Tea Selections
- 5. Enhance your afternoon with "bubbly" (Additional charges apply)







Tennis at York Old Mill Tennis Club

Saturday, June 25, 2016 (times vary)
York Old Mill Tennis Club, 70 Old Mill Drive

The York Old Mill Tennis Club (YOMTC) is a private, outdoor summer tennis facility that has been providing a range of



tennis programs to promote tennis for all levels of skill in Toronto's Bloor West community since 1973. YOMTC is a vibrant tennis club, located in a park setting, nestled in the beautiful Humber Valley and just steps away from the Old Mill Toronto.

Although YOMTC is a private, members-only Club, special arrangements have been made exclusive to attendees at the 2016 CIQS Congress to allow full use of their facilities!





Guided Kayak or Canoe Tours of the Humber River

Saturday, June 25, 2016 (times vary)

King's Mill Park on the Humber River (beside Old Mill Toronto)

Enjoy a kayak or canoe ride through the scenic Humber River and end up right in Lake Ontario! The Humber River meanders calmly through West Toronto and takes approximately 2 hours to paddle from the Old Mill Toronto down to Lake Ontario and back again! If you're an outdoor enthusiast, you'll be able to see wildlife ranging from birds such as the Blue Heron, White Egret, swans and ducks to other animals such as deer, coyote, beaver, mink, turtles and more!

Enjoy special discounted pricing exclusive to attendees at the 2016 CIQS Congress! All packages below include introductory lessons from a guide, paddles and lifejacket.

- Kayak Option #1
 - Single kayak
 - 1 person capacity
- Kayak Option #2
 - Tandem kayak
 - 2 person capacity
- Canoe Option #1
 - Regular canoe
 - 2 adults and 1 child capacity
- Canoe Option #2
 - Large canoe
 - 2 adults and 1 child OR 3 adults capacity

Self-Guided Bicycle Tours or Hiking on the Humber River

Saturday, June 25, 2016 (times vary)

Humber Valley (beside Old Mill Toronto)

Enjoy a scenic bicycle ride or hike at your own pace and leisure through the Humber River and Valley, which is linked directly to Toronto's Bike and Walking Trail System and boasts an incredible 563km of total trails! This bike and walking system runs parallel to the Humber River and is a mere steps outside the Old Mill Toronto. While you're enjoying your stay and Congress, enhance your romantic experience with a couple's bike ride along the Humber River all the way from the lake to the top of the City!

Enjoy this complimentary activity exclusive to attendees at the 2016 CIQS Congress!





Scavenger Hunt on Bloor Street

Saturday, June 25, 2016 (times vary) Bloor Street

The Old Mill Toronto is located right along Bloor Street, a major east-west arterial thoroughfare that spans approximately 25km through each major area of Toronto. Located only a short distance from the Old Mill Toronto you will find some of the city's premiere



shopping destinations and more than 30 different dining establishments, including pubs, bars, coffee houses, spas and a retro-cinema!

Participate in an organized "scavenger hunt" where specific items need to be gathered by individuals (or teams) or photographs need to be taken, as per the rules of the game!! By participating, you'll have tonnes of fun, while also being able to explore some fabulous areas of Toronto at the same time. Winners will also be treated with a special prize at the conclusion of the game!!

"Pub-Hopping" on Bloor Street

Saturday, June 25, 2016 (times vary) Bloor Street

Bloor Street in Toronto's west end can offer some of the most luxurious retail stores, restaurants and scenic elements the city has to offer. For those interested in sight-seeing and



satisfying their never-ending thirst for suds all at the same time, you can partake in a "pub-hopping" excursion on Bloor Street and visit these "Magnificent Seven" pubs, all within a 2km walk from the Old Mill Toronto (cost of alcohol not included!!!):

- 1. Orwell's Restaurant
- 2. The Squire: A Firkin Pub
- 3. Old Sod Restaurant
- 4. Dark Horse
- 5. Swan & Firkin
- 6. Mackenzie's High Park
- 7. Wheelan's Gate

"Russell's Runners" in the Humber Valley

Saturday, June 25, 2016 (times vary) Humber River (beside Old Mill Toronto)

If running is your sport of choice, you can participate in a tradition that was started at the



CIQS Annual General Meeting held in Newfoundland way back in... 2012! A group of avid runners, under the guidance of board member, Mark Russell, PQS(F), decided to organize a leisurely 10km run through the scenic streets of St. Johns. The event garnered the nickname "Russell's Runners" due to its leader and has been a tradition ever since.

Get some fresh air and bask in the scenic beauty of the Humber Valley in the height of Summer, all the while enjoying the company of good friends!

President's Dinner and Reception / Lois Metcalfe's Retirement Celebration

Saturday, June 25, 2016 from 6:00pm to 11:00pm Brule A and B, 1st Floor



The focal point for the entire weekend's festivities is the Saturday evening *President's Dinner and Reception*. Enjoy a wonderful meal along with 200 of your friends and colleagues in a formal setting.

In addition to honouring the *President* of CIQS,

we will also be celebrating the forthcoming retirement of our beloved *Executive Director*, Mrs. Lois Metcalfe, who will have faithfully served the Institute for 38 years at the Congress and has been the backbone during its formative years and

subsequent expansion. Lois will officially retire in 2016, so this is a fitting event to celebrate her impact on the Institute among the many friends and colleagues she has touched during her tenure.



Farewell Breakfast

Sunday, June 26, 2016 from 8:00am to 10:00am Humber Room, 2nd Floor

Cap off an incredible weekend of networking, laughter and fellowship with our Sunday morning *Farewell Breakfast* where you will have time to enjoy the company of many of your friends over a wonderful buffet breakfast. Update your contacts with old and new friends, alike and stay in contact until the next time you meet again at a CIQS Congress!











